

## A RESOLUTION RECOGNIZING NATIONAL MENTORING MONTH

WHEREAS, National Mentoring Month brings awareness to the importance of quality mentoring that promotes healthy relationships and communication, positive self-esteem, emotional well-being, and growth of a young person and their relationships with other adults; and

WHEREAS, the Town of Carrboro honors volunteer mentors who support young people by showing up for them every day and demonstrating their commitment to helping them thrive; and

WHEREAS, mentoring programs like the Chapel Hill-Carrboro City Schools Blue Ribbon Mentor-Advocate program, Volunteers for Youth, Musical Empowerment, the Reintegration Support Network, Triangle Bikeworks, and the Refugee Community Partnership, and capacity-building agencies like the Youth Mentoring Collaborative make our communities and our state stronger by driving impactful relationships that increase social capital for young people and provide invaluable support networks; and

WHEREAS, during the COVID-19 pandemic, mentoring programs across the state stepped up to fill gaps for young people and families, connecting them with resources despite physical distancing; and

WHEREAS, trauma-informed, alternative approaches to mentoring that target mental health challenges provide a pathway to promote mental wellness, increase access to evidence-based mental wellness skills training, and reduce structural barriers to mental health services; and

WHEREAS, mentoring plays a pivotal role in career exploration and supports workforce development by helping young people set career goals, equipping mentors with the skills needed to support the professional growth of young people, and driving positive outcomes for communities across the state;

NOW, THEREFORE, BE IT RESOLVED, that the Town Council of the Town of Carrboro, North Carolina, hereby recognizes January 2023 as National Mentoring Month in Carrboro and encourages residents to encourage and celebrate mentoring throughout the community.

This the 10th day of January, 2023.



*Damon Seils*

Damon Seils, Mayor