

Proclamation

PERIOD POVERTY AWARENESS WEEK

Whereas approximately half of the population will have a period every month for decades of their lives;

Whereas period supplies are a necessary product, each month, for millions of people across the country;

Whereas, national surveys and research studies report that one in four menstruating individuals struggle to secure enough period supplies to meet their needs each month due to a lack of income;

Whereas this lack of period supplies, known as period poverty, can adversely affect the health and well-being of menstruators;

Whereas national surveys also report that one in five menstruating individuals miss work or school due to lacking a sufficient amount of period supplies;

Whereas period poverty exacerbates the vicious cycle of poverty by forcing menstruators to withdraw from daily life, losing pay or missing educational opportunities;

Whereas menstruators struggling with period poverty risk infections by using proxy products – such as socks or toilet paper – or not changing products as often as needed;

Whereas, the people of Carrboro recognize that period poverty is a public health issue, and addressing period poverty can lead to economic opportunity for Carrboro's people and surrounding communities and improved health for women and girls/menstruators, thus ensuring all people have access to the basic necessities required to thrive and reach their full potential; and

Whereas, Carrboro, North Carolina is proud to be home to trusted community-based organizations, including Period Power, a program of the Diaper Bank of North Carolina, that recognize the importance of period products in ensuring health and providing economic stability and thus distribute period products through various channels; and

Therefore, I, Barbara M. Foushee, do hereby proclaim the week of May 12th through May 18th, 2025 as

PERIOD POVERTY AWARENESS WEEK

in Carrboro thank the aforementioned period supply banks, their staff, volunteers and donors, for their service, and encourage the citizens of Carrboro to donate generously to period supply banks, product drives, and those organizations that collect and distribute period products to those struggling with period poverty, so that all of Carrboro's people can thrive and reach their full potential.


Barbara M. Foushee

