



# Proclamation



## TRAILS DAY

**WHEREAS**, in 1993, the first National Trails Day was held to commemorate the 25<sup>th</sup> anniversary of the National Trails System Act; this legislation called for the establishment of trails throughout the United States that would provide people of all skill levels and abilities, in both rural and urban settings, the opportunity to experience the simple pleasures and healthful benefits that hiking can offer; and

**WHEREAS**, now in its 29<sup>th</sup> year, National Trails Day is celebrated on the first Saturday each June; it has become a day for people to join together for hikes, to work on sustaining and improving trail systems, and to enjoy nature and the physical activity provided by our federal, state and local trails; and

**WHEREAS**, this year, National Trails Day occurs in the second year of a global pandemic, one which has eased in the United States with the availability of effective vaccinations, resulting in the ability for people to move about more freely and to enjoy the outdoors more easily; and

**WHEREAS**, in this second year of the COVID19 pandemic, we celebrate Trails Day and the aspirations it represents: a restorative bond with nature, a recognition that health, both physical and mental, is enhanced by outdoor activities, preservation of our natural environment, and an optimism that can be gained by simply putting one foot in front of the other as we hike a trail.

**NOW, THEREFORE BE IT RESOLVED** that I, Lydia E. Lavelle, Mayor of the Town of Carrboro, North Carolina, do hereby proclaim June 5, 2021 as “**Trails Day**” in Carrboro. I encourage all residents to enjoy the hiking opportunities that can be found in our region, and to celebrate the outdoors.

This the 4th day of June, 2021.



Lydia E. Lavelle, Mayor